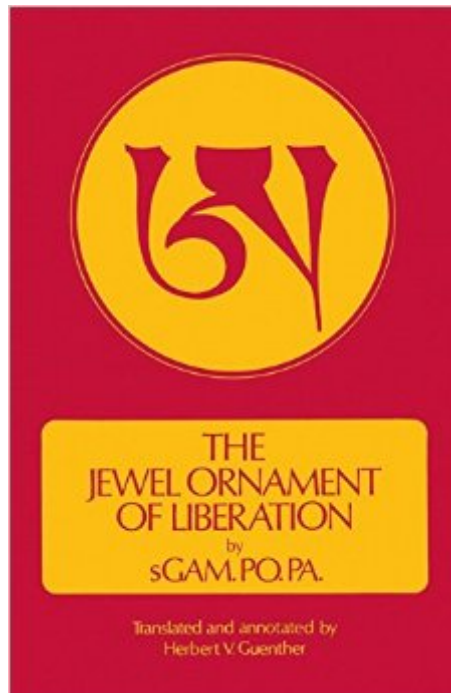


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The Jewel Ornament Of Liberation (Clear Light Series)



Synopsis

In this skillful translation, Herbert Guenther offers English-speaking readers sGam.po.pa's comprehensive and authoritative exposition of the stages of the Buddhist path. A masterly survey of Tibetan Buddhism, *The Jewel Ornament of Liberation* explains how an enlightened attitude is strengthened by practicing the six perfections (generosity, discipline, patience, exertion, meditation, and knowledge) and offers a concise presentation of Buddhism as a living experience. As ChÃ¶gyam Trungpa writes in his foreword: "It is in the flow of karma that this book materialized in 1959 on the very eve of the destruction of the spiritual land of Tibet. Professor Guenther was instrumental in making available the only commentary and guide in English to the bodhisattva tradition of Tibet, Japan, and China. The book remains the classic text of all Buddhists."

Book Information

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Customer Reviews

This is an excellent book presenting the stages of the Mahayana path to all those interested in Buddhism. Written in the 1100's by Gampopa, a great Kagyu scholar, it is invaluable to all beginners and especially to those on the path. This book never gets old, and you can always use it as you proceed on the path. A wonderful achievement in spiritual literature, and a great gift to the English reader who does not have the ability to read the original Tibetan text.

This is a 1958 translation of a classic basic text for Tibetan Buddhist students. I have owned the text

before and studied it. It is humbling to 'review' a classic. This text presents the Mahayana approach with a few references to tantric elements. I use it to review ideas I need to refresh in my mind. The approach is to study the text, think about it and then meditate on what you have read. This is a source book for those persons beginning the approach to Tibetan Buddhism. I find it inexhaustible. The author, Gampopa, was a disciple of Milarepa and Gampopa's disciples started one of the major schools of Tibetan Buddhism. It is one of the standard ways to study the path leading to tantra. It is best, of course, to have a teacher or spiritual friend, to use the standard term.

An authoritative, if somewhat dry, presentation of the Mahayana Buddhist tradition from a Tibetan perspective. I have instigated the use of this book in a study group setting, in which people agreed to read a particular chapter and topic ahead of time. It was very useful in giving people an opportunity to bring their understanding and misunderstandings to the surface, to be clarified (or at least narrowed!) by discussion with others.

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